

LIFE AND THE MEANING OF DEATH

WESTERN, BUDDHIST & ALTERNATIVE WAYS TO VIEW DEATH

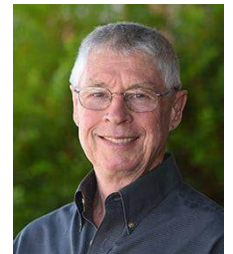
PRESENTERS: OFER ZUR, PH.D. & LARRY ROBINSON, M.A.

An Inuit tale describes that when an elder can no longer contribute to the village they voluntarily venture out “onto the ice” so the polar bears will eat them, in turn the young villagers hunt the bear to provide continuing nourishment to their village - completing the circle of life. In our modern world 50% of medical costs are incurred in the last few years of life. Those of us who hang onto life at all costs, no matter the quality of life lived, could be considered as “eating the bear”.



The *Metta Sutta*, one of the core texts of Mahayana Buddhism, states that “One who has achieved the Way is free from the duality of birth and death.” This is not to imply immortality, but rather to understand impermanence as the fundamental nature of reality and to see birth and death as a continuum in the unending unfolding of life.

Larry Robinson, MA: Retired psychotherapist, recovering politician and practicing potter; founder and producer of Rumi’s Caravan, a poetic performance ensemble dedicated to restoring the soul of the world through the revival of the oral tradition of poetry. I am a long-time student of Soto Zen Buddhist practice.



Ofer Zur, PhD: Psychologist, ethicist, has intimate relationships in facing death & studied attitudes and views toward worldwide. For the most of my life as if every day is or may be my last day on earth. We etched on on my mother's grave gravestone what she always told us: “Trees die erect.”

This philosophical presentation will focus on western & Buddhist cultural beliefs, practices, & attitudes toward death and dying. **Participants will be invited to briefly share their thoughts on what they would wish for the end of their lives.** It does not advocate or recommend any action; it only invites participants to think and reflect.

Science Buzz Café

January 13, 2025 * 6pm The HopMonk 'Abbey' at 230 Petaluma Ave. Sebastopol, CA : \$10 @ the Door

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