

The Silver Screen

Want to know how American society sees therapists? Go to the movies or watch a TV series. Projected on the screen have been, literally and figuratively, every fantasy about therapists—good and bad, comic and tragic—that lurk somewhere in the popular imagination.

In this long parade of therapist types, there are wise, daring, confrontative, saintly nurturers (like Robin Williams in *Good Will Hunting*); therapists who can't keep their private lives from leaking, or pouring, over into their professional life (like Kirstie Alley in her home-office in *Deconstructing Harry*); noble, anguished souls almost too pained themselves to soothe the pain of others (like Gabriel Byrne of *In Treatment*); therapists who are buffoonishly inept (like Richard Dreyfuss in *What About Bob?*); and therapists who are flat-out evil (like Anthony Hopkins in *Silence of the Lambs*).

Whether these screen shrinks make us proud, outrageously embarrassed, sympathetic, or exasperated, they provide revealing perspectives on our own profession and the preconceptions our clients bring to therapy. Get ready for a fascinating journey of discovery as host **Dr. Ofer Zur** explores what the movies tell us about who we are, what people think we do, and what we can learn from these always entertaining— if not always accurate—film versions of ourselves.

with Ofer Zur, Ph.D.

Ofer Zur is a Sebastopol, CA psychologist and has been in practice for over twenty-five years. He is a fellow of the American Psychological Association and the director of the Zur Institute which offers over 175 online continuing education courses for psychologists, MFTs, SWs, counselors, and other mental health practitioners. Dr. Zur has written four books and hundreds of articles and book-chapters, and has lectured world-wide on topics ranging from Boundaries

in Psychotherapy & Effective
Therapy, Internet Psychology,
Internet Addiction, Digital Ethics,
Cyber-Bullying, Psychology of
Gender, and Psychology of Victims.



For his CV: http://www.zurinstitute.com/cvita.html

Contact Info for Dr. Zur www.zurinstitute.com info@zurinstitute.com Phone: 707-935-0655