

DUAL OR NOT TO DUAL: DE-MYTHIFYING DUAL RELATIONSHIPS IN THERAPY

LEGAL, ETHICAL, AND CLINICAL CONSIDERATIONS

PRESENTER: OFER ZUR, Ph.D.

This program has been submitted to MCEPAA for approval of 6 C.E.U.'s for Psychologists; 6 CEU's are available for LMFT/LCSW's.

Please join the Monterey Bay Psychological Association and Santa Cruz CAMFT for a Unique Workshop which Challenges Conventional Wisdom. This unique six hour course will help therapists:

- Navigate the complex and murky water of dual relationships and boundary crossings in small communities.
- Differentiate between harmful/exploitative and helpful/enhancing dual relationships.
- Deal with boundary crossings such as touch, gifts, bartering, non-sexual touch, home visits, and "out of office" accidental encounters.
- Maximize clinical effectiveness when entering into non-sexual and nonexploitative dual relationships.
- Make better decisions as to how to care for your clients and protect yourselves.
- Devise a risk management plan for dual relationships.

Living in a small community such as the Bay Area, it is more than likely that you will run into a client at the supermarket, a professional organization gathering or even in the shower at the gym. Dual relationship and boundary crossing have been used synonymously with exploitation, sexual relationship and harm. Unlike the prevalent myth that ALL dual relationships are unethical and illegal, the reality is that there is no longer a

uniform ban on all dual relationships. The 2002 newly revised APA Code of Ethics clearly states: "Multiple relationships that would not reasonably be expected to cause impairment or risk exploitation or harm are not unethical." The California Association of Marriage and Family Therapists (CAMFT) agrees.

Ofer Zur, Ph.D. is a licensed psychologist (PSY10763) and pioneer in reshaping the definition of Dual-Relationships. He has coauthored a book with Arnold Lazarus, Ph.D. "Dual Relationships and Psychotherapy," published by Springer (2002). He is also the author of the best selling HIPAA Compliance Kit and has a private practice in Sonoma, CA where he conducts psychotherapy with individuals, couples and families. Dr. Zur has successfully trained thousands of psychotherapists nationwide. He has taught for many years at CSPP and other graduate schools in the Bay area. For Dr. Zur's Bio/C.V. go to www.drzur.com.

Even though there is no prohibition against non-sexual or non-exploitative dual relationships, most therapists and attorneys erroneously believe there is. As a result, fear and trepidation reign and many therapists either practice dual relationship in secret or avoid it all together even when it can promote healing. The complete and uncritical avoidance of all dual relationships and boundary crossings may result, in some cases, in poor clinical judgment and inferior treatment.

FRIDAY, NOVEMBER 14, 2003

9 A.M. ~ 4 P.M. SEACLIFF INN

7500 Old Dominion Way

Aptos, CA Lunch will be Provided

Hotel Discounts are Available

For More Information Call:

Dani Beckerman, Psy.D. (831) 426-4735

The course will provide a balanced and non-dogmatic view of dual relationships and also opposing views on this charged topic as well as helping therapists realize how dual relationships and boundary crossings may fit with their theoretical orientation, no matter what it may be.

Basic Charge for program will be: \$125 before October 27, 2003, \$140 after October 27, 2003. For CEU's <u>add</u> \$7.00 for a total of \$132.00 or \$147.00. For More information Call: Dani Beckerman, Psy.D. at (831) 426-4735 See Reverse for Registration Form and Driving Directions

THIS COURSE FULFILLS THE LAW AND ETHICS REQUIREMENT FOR CA PSYCHOLOGISTS, MFTS AND SWS
THE COURSE MAY QUALIFY PARTICIPANTS FOR INSURANCE DISCOUNT



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Driving Directions: Sea Cliff Inn is located off State Park Drive in Aptos just east of the exit from Hwy I (toward Soquel Drive).

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Name	Phone		
Address			
Degree:	Type of Lic:	Lic. No.:	
	Basic Charge (\$125) Basic charge + 6 CEU (\$125.00 + \$7.00 = \$132.00) Basic charges must be received by October 27, 2003, otherwise the late fee charges apply as follows: Late Charge (\$140) Late Charge + 6 CEU (\$140 + \$7.00 = \$147)		
	Make checks payable to MBPA and mail to: Rick Alloy, Ph.D., 9099 Soquel Drive, Suite 12, Aptos CA 95003 For more information Call: Dani Beckerman, Psy.D., President-Elect & Co-Program Chair of the MBPA at: (831) 426-4735		
	Discounts for overnight hotel stays are available by calling the Seacliff Inn at (831) 688-7300 Program sponsored by Monterey Bay Psychological Association and Santa Cruz CAMFT		